



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 10 August 2022 and 16 August 2022, there have been 1,119 tests. This shows a decrease of -32.5% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 6 August 2022 and 12 August 2022, 0 - 2 people had a confirmed positive test result.

• Vaccinations in Derbyshire Dales

- 61,664 people had been given a first dose by the end of 16 August 2022.
- 60,173 people had been given a second dose by the end of 16 August 2022.
- 52,614 people had been given a booster or third dose by the end of 16 August 2022.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

Between 8 August 2022 and 14 August 2022, 12 went into hospital with coronavirus. There were 8 patients in hospital with coronavirus on 16 August 2022.

• Deaths in Derbyshire Dales

Between 6 August 2022 and 12 August 2022, there have been 0 deaths within 28 days of a positive coronavirus test.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Wednesday 17 August 2022.

HM Government NHS

YOU CAN STILL GET YOUR COVID-19 VACCINE

GO TO A WALK-IN CENTRE

BOOK AN APPOINTMENT

FIND OUT MORE AT [NHS.UK/COVIDVACCINE](https://www.nhs.uk/covidvaccine)

The NHS is continuing to offer the #COVID19 vaccine to anyone who hasn't come forward yet. This includes:

- first & second doses for people aged 5+
- boosters for people aged 16+
- spring boosters for those invited

DDCVS's bulletin is compiled by the staff of DDCVS from a wide range of information. While every effort is made to check the accuracy of the material, no liability can be accepted for any error or omission. Inclusion of an item in the bulletin does not mean approval or recommendation by DDCVS.

COVID-19 VACCINE
AUTUMN BOOSTERS
ROLLOUT BEGINS 5 SEPTEMBER

Please wait to be contacted by the NHS

The autumn Covid booster programme starts in the week beginning 5 September with care home residents among the first to get jabs. The NHS will invite other eligible groups to book appointments for 12 September onwards. Please wait to be contacted.

<https://www.england.nhs.uk/.../nhs-to-roll-out-variant.../>

Autumn booster eligibility:

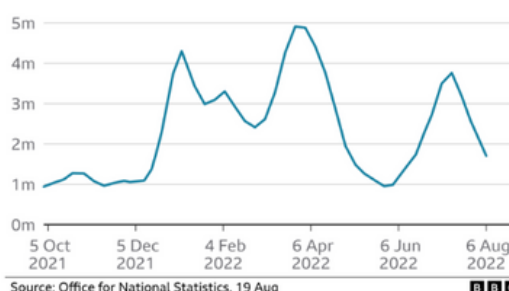
- older adult care home residents & staff
- frontline health & social care workers
- aged 50 and over
- aged 5-49 in a clinical risk group, including pregnant women
- household contacts of the immunosuppressed aged 5-49
- unpaid carers aged 16-49

COVID-19 vaccination: autumn booster resources

Information leaflet and sticker for the COVID-19 autumn booster vaccination.

UK infections continue to fall

Estimated people testing positive for coronavirus



YOUR HEALTH & WELLBEING - INFORMATION

DERBYSHIRE DALES WALKING FESTIVAL

19th-25th September 2022

The Derbyshire Dales Walking Festival from 19-25 September has been put together in partnership with Derbyshire Dales District Council, Peak District National Park, Derbyshire Dales Ramblers Group, Eastern Moors Partnership and Derbyshire Wildlife Trust.
Derbyshire Dales Walking Festival - Derbyshire Dales District Council

DERBYSHIRE DALES WALKING Festival · SEPTEMBER 19TH-25TH 2022

MONDAY 19TH SEP

1 10am Tissington Station with Peak District National Park. Walks for All - fully accessible, dementia friendly for up to 2 hours.

2 2pm Wirksworth Leisure Centre with DDDC Health Walks. Very steady walk for up to 90 minutes - about 2 miles.

TUESDAY 20TH SEP

3 10am Ashbourne Pavilion with DDDC Health Walks. Very gentle walk around the Park and Recreation Grounds up to an hour.

4 10:30am Whitworth Park War Memorial, Darley Dale, with DDDC Health Walks. Very steady walk for up to 1½ hrs - about 2 miles.

5 10:30am Longnor Market Place with Derbyshire Dales Ramblers Group. 6 miles in 3½ - 4hrs. **No dogs** except assistance dogs.

WEDNESDAY 21ST SEP

6 10:30am Dovedale with DDDC Health Walks. 5-6 miles in 3 hours at a steady pace.

7 2pm Tideswell Dale with Peak District National Park. Walks for All - fully accessible, dementia friendly for up to 1½ hrs.

THURSDAY 22ND SEP

8 10am Alport with DDDC Health Walks walking 3 - 4 miles in about 2 hrs.

9 10am Long Lane by Lea Gardens with Derbyshire Dales Ramblers Group. 8.5 miles in 4½ - 5hrs. **No dogs** except assistance dogs.

10 10:30am 3 Edges Walk from Curbar Gap with the Eastern Moors Walk Moor. 6.5 miles in about 4 hrs.

FRIDAY 23RD SEP

11 10am Hassop Station with Peak District National Park. Walks for All - fully accessible, dementia friendly for up to 1½ hours.

12 10:30am Lumsdale by Highfields School Wellbeing walk with DDDC Health Walks. Very steady walk for up to 1½ hrs - 2 miles.

SATURDAY 24TH SEP

13 9:30am Social Dog Walk from Stanton Moor car park by Birchover Quarry walking for about 1½ hrs with dogs on short leads.

14 10am Bandstand at Hall Leys Park with DDDC Health Walks. ~ 2 miles in 90 mins.

15 10am Ambergate on Holly Lane beside Birch Wood with Derbyshire Dales Ramblers Group. 6.5 miles in 3½ - 4 hrs.

SUNDAY 25TH SEP

16 10am Brassington car park (Wirksworth Dale) with Derbyshire Dales Ramblers Group. 11 miles in 5 - 5½ hrs. **No dogs** except assistance dogs.

17 10:30am Cromford Canal Wharf Heritage Walk with Derbyshire Wildlife Trust. Fully accessible, dementia friendly for up to 1½ hours to 2 miles.

HOW TO BOOK

All walks are free and led by experienced volunteer walk leaders.
To book your place Contact Helen Milton, DDDC Health Walks Coordinator:
phone or text 07775 931047
Email: helen.milton@derbyshiredales.gov.uk

For more information on walks and starting points...
All Festival information and detailed start point information can be found at www.derbyshiredales.gov.uk/walkingfestival
Please also read advice from the Ramblers on how to prepare for a walk www.derbyshiredalesramblers.org.uk

DOGS are welcome on a short lead unless the walk specifically says otherwise.

Joined Up Care Derbyshire

The NHS is here to help you over the 29 August bank holiday – so make sure you know your services to get the care you need.

Anybody who needs medical advice or to visit a pharmacy over the coming bank holiday should plan ahead to allow for reduced GP and pharmacy provision over the long weekend.

GP practices will generally be closed on the bank holiday, so will not be making appointments for in-person or telephone consultations on those days. Anyone who needs non-urgent advice should contact NHS 111 through either their online service <https://111.nhs.uk> or by calling 111.



If you or your family become unwell, you may not always need to see a doctor or get a prescription.

Your local pharmacy should always be your first choice for help with minor ailments and conditions such as aches and pains, coughs, colds, rashes and allergies.

Many local pharmacies offer seven-day opening and late hours for convenience and you don't need to make an appointment.

Your local pharmacy should always be your first choice

For more information scan the QR code




Community pharmacy services over the bank holiday

Some community pharmacies will be open on Monday 29 August. Please check the [NHS England](https://www.nhs.uk) website for pharmacy opening times and other useful information about accessing NHS services over the bank holiday period. Alternatively, you may wish to visit your pharmacy website or call them for more information. Community pharmacy opening hours on the weekends preceding the bank holiday Mondays will be the same as for any normal weekend.

Our Best MENTAL HEALTH TIPS Backed by research



Learn how to protect your mental health with our brand-new guide. Filled with simple activities, tips, and advice. 

Our tips will be easier for some and harder for others. Why not give them a try and see what suits you best [here](#).

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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