





#### Farming Life Centre Walks Programme August - December 2021

A gentle afternoon walk, monthly on a Thursday. Meet at 1.15pm for a 1.30pm start. All walks are relatively flat and take between 60 and 90 minutes with the opportunity for refreshments and a good chat afterwards – everyone welcome

Walk Leaders: Pauline Bramley, Kay Allinson and John Thomas

## Thursday 26<sup>th</sup> August – Cromford Canal

Meet in car park at Arkwright's Mill in Cromford. We will take a gentle stroll down the canal allowing us to enjoy the abundant wildlife. Followed of course by refreshments at one of the cafes.

### <u>Thursday 16<sup>th</sup> September – Eyam</u>

Meet at the free car park opposite Eyam Hall. We will explore Eyam and the surrounding area. Followed by refreshments at the Coolstone (weather dependent)

### Thursday 7<sup>th</sup> October – Alport Dale

Meet in the layby at Alport near the river Lathkill, 3/4 of a mile east of Youlgreave. We will walk in the beautiful Lathkill Dale. Followed by coffee at the Peak Feast cafe in Youlgreave.

# Thursday 4<sup>th</sup> November – Derwent Dams

Meet in the long layby which is half a mile on from the traffic lights where the Bamford junction meets the A57. The layby is on the left hand side of the A57 before Ashopton Bridge. An autumnal walk beside Derwent Dams followed by refreshments at the Bird Café.

Our walks are short and 'Easy' but may involve some stiles or ascents/descents over a short distance. They have been chosen to ensure we are on good surfaces for walking whatever the weather – everyone welcome! However, in the event of extreme weather conditions, please contact **Pauline on 07538 785666** to confirm the walk is going ahead.

Please wear sturdy footwear and clothing to suit the weather conditions

For any further information contact: Pauline Bramley 07538 785666