

## Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 11<sup>th</sup> June at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. Email [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk) for the meeting link.

### Latest News & Updates:

#### Who can get a COVID-19 vaccine?

COVID-19 vaccines are being offered to:

- people aged 25 and over
- people who will turn 25 before 1 July 2021
- [people at high risk from COVID-19 \(clinically extremely vulnerable\)](#)
- people with a condition that puts them at higher risk (clinically vulnerable)
- people with a learning disability
- people who live or work in care homes
- health and social care workers
- people who are a main carer for someone at high risk from COVID-19

The NHS will contact you when you are eligible. You do not need to wait to be contacted if you are in a group listed above; you may be able to book your COVID-19 vaccination appointments online now. The coronavirus vaccine is safe and effective. It gives you the best protection against Covid-19. So far, more than 38 million people have had their first dose, and more than 23 million have had their second dose. Over-25s can [book appointments](#) at a larger vaccination centre or pharmacy now, or wait to be invited to go to your local NHS service.

#### [Enhanced testing being rolled out in part of Derbyshire](#)

Enhanced testing is being rolled out in an area of Derbyshire as part of a co-ordinated response to rising COVID-19 infection rates, including cases of the variant that originated in India. Derbyshire County Council are working with NHS Test and Trace, Derbyshire Fire and Rescue Service, High Peak Borough Council and NHS Tameside and Glossop Clinical Commissioning Group in an effort to slow the transmission rate in Gamesley.



#### Don't forget to check in for Test & Trace

When visiting a pub or restaurant remember to give them your details.



You can either use the Covid-19 app to check in to places you visit or you can give them your name and phone number.

The Test and Trace system is there so that we can all alert and protect our loved ones and community if we are at risk, helping to stop the spread of coronavirus.

## Your Health & Wellbeing:



**NHS Screening:** Screening is a way of finding out if people are at higher risk of a health problem, so that early treatment can be offered or information given to help them make informed decisions - [NHS screening available](#)

**Cervical screening:** Do you or someone you know find it difficult to attend cervical screening (a smear test)? Some people feel anxious about attending because of:

- mental health issues
- previous traumatic experiences
- sexual abuse

Follow the link below to find out what support is available if you feel anxious about attending cervical screening. You can use this information to help decide whether to attend and to plan for your screening appointment.

[Cervical screening: support for people who feel anxious about attending - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

emh care & support  
Enabling better lives

Tennis  
CHESTERFIELD

Derbyshire  
DALES  
District Council

# Activity Day

Treasure Hunt

Tennis by Chesterfield Tennis Club

Seated Volleyball

Boccia

Adaptive Karate

Basketball

stretch and relax

Look overleaf for more details

emh care & support  
Enabling better lives

Tennis  
CHESTERFIELD

Derbyshire  
DALES  
District Council

## Details

### Where

Hall Leys Park  
Matlock  
DE4 3SX

### When

June  
23

10:00 → 2:00

There will be lots of fun sports and activities available for you to try throughout the day. You are welcome to drop in anytime or make a day of it and try all the activities.

Make sure you wear suitable clothing and footwear and a picnic if you like! Facilities, refreshment and accessible toilets are available in or near the park.

If you have any questions, want to book your place or reserve tennis and karate sessions please contact us; [sportsdevelopment@derbyshiredales.gov.uk](mailto:sportsdevelopment@derbyshiredales.gov.uk) / 01629761389

**Keeping in touch:** If you have any questions, ideas or concerns please email: [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk)