

# Hartington Pilates Classes

With Theresa at  
Peak District  
Pilates



## CLASS TIMETABLE

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☐ Wednesdays 10.30-11.30, Hartington Village Hall ☐

Beginner to intermediate Level Mat Pilates (£9)

☐ Wednesdays 11.45-12.30, Hartington Village Hall ☐

Chair-Based Pilates (£5)

*BEGINNING 19TH MAY 2021*

☐ You can also find me in... ☐

Youlgrave (Tuesday & Friday mornings)

Bakewell (Tuesday Evenings)

Starkholmes (Monday & Thursday mornings)

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Stay Updated & Contact:

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07904 353040

[www.peakdistrictpilates.com](http://www.peakdistrictpilates.com)

